

**2010 CAMPER AND COUNSELOR RULES**  
**OLYMPIC LUTHERHAVEN YOUTH BIBLE CAMP**

Revised 11-19-09

**In order to have fun, we all need to feel safe and comfortable at camp. To help ensure this, please read these rules with your parents/children and sign at the end.**

I. We, the members of Lutherhaven Bible Camp begin this experience in prayer asking our Lord Jesus Christ to bless us with a joyful and fun-filled camp and the strength to treat others as ourselves with love and respect. We pledge to keep one another in prayer, to support one another, to respect each other's person and property, and to share an attitude of care and concern for everyone in our group.

II. The purpose of Lutherhaven Bible Camp is to grow in Christian love and community within our own group, to worship, serve, play, and fellowship with the youth and adults at camp, and to be open to the work of the Holy Spirit in our lives, as we all share in this experience.

III. In order to make this adventure a safe and enjoyable time for everyone, we agree to the following rules:

1. Drugs, alcohol, tobacco, fireworks, and weapons (of any type) shall not be tolerated. Use of any of these items will result in the individual being forced to leave camp. This rule includes all drugs, legal or illegal, prescription or over-the-counter, except as follows:

a. Only the camp nurse, or other adult appointed by the Camp Director, shall be authorized to administer any drug to a minor (less than 18 years of age). All drugs for use by minors shall be in the custody of the camp nurse, or other adult appointed by the Camp Director, for the duration of camp. Administration of any drug to a minor requires advance approval of the parent, legal guardian, or physician. This approval should normally be in writing on the camper or counselor medical form. In an emergency, approval by phone conversation may be substituted.

b. Any drugs in the custody of other adults must be safeguarded from unauthorized access, and must not be given to a minor, except for that adult's own child.

2. If disagreements arise all parties involved are to work out a solution that is fair. If a solution cannot be worked out, the camp director will make a decision for the individuals involved.

3. Actions leading to the injury of any camper, counselor, or staff member will be treated with serious regard. This is an automatic dismissal from camp.

4. Campers and counselors are required to be in their cabins at Lights Out and to remain in their cabins until morning. Normally, the only exceptions are necessary trips to the bathroom, and early-bird activities. Any other exceptions require advance approval of the Camp Director or a bona-fide emergency.

a. The Camp Director will appoint other members of the staff to assist with enforcement of "Lights Out" in a way that allows everyone (including the Camp Director) to get enough sleep each night.

b. The Camp Director will establish appropriate sanctions for any violations of the "Lights Out" rule. Extra duties, such as cleaning the bathrooms, or loss of privileges, such as swimming, are possible sanctions.

5. Behavior, which is deemed rude, offensive, or distasteful, will not be allowed during the duration of camp.

6. No person shall be alone with any other person. Groups of four are the minimum allowable.

7. Romantic relationships can at times cause discomfort for others in the group. Couples will refrain from behavior that is objectionable to others and from isolating themselves from the group experience. "Objectionable behavior" shall be defined as any kind of touch or behavior that is exclusive (i.e., if you wouldn't hug your cabin mates, your counselor, or your camp director that way, don't hug anyone that way).

8. The Camp Director shall appoint an adult (21 years of age or older) to work with the Lifeguard to ensure safety in the swimming area. That adult's title shall be Waterfront Safety Director. That adult shall be responsible for helping the Lifeguard establish adequate rules for a safe swimming area, and for helping the Lifeguard enforce those rules. Any lack of agreement about adequate rules shall be resolved in favor of the more conservative (safer) rule.

9. The following swimming area rules are a minimum. (The Lifeguard and Waterfront Safety Director may establish additional rules as needed.)

a. All swimming shall be supervised by a waterfront certified lifeguard.

b. No swimming is allowed on the picnic side of the camp.

- c. The Lifeguard and Waterfront Safety Director shall limit the number of people allowed in the swimming area at any one time to 25 persons.
- d. Swimmers must remain in the marked swimming area.
- e. Lifeguard / Caretaker may direct anyone to leave the water.
- f. Never swim alone.
- g. Keep boats outside the swim area.
- h. Do not run on, dive off or swim under the attached dock.
- i. Float/Raft Rules: Advanced swimmers only. No children under age 8. No more than 12 people on the raft at one time. No swimming under the raft, or on the far side of the raft. No pushing, shoving, or throwing others off of the raft. No rocking the raft, or other horseplay.
- j. No pushing or dunking anyone is allowed.
- k. No mask, fins or snorkel for diving without prior permission of lifeguard or caretaker.
- l. Personal floatation devices, other than lifejackets, are not allowed.
- m. The lifeguard shall use a whistle to get the attention of swimmers. When the whistle is blown, all swimmers shall pay attention to the lifeguard and follow instructions.
- n. A swimming test shall be required prior to any swimming.
- o. Violation of any of these rules is cause for immediate ejection from the swimming area. Repeat violations are cause for revocation of swimming privileges for the rest of the week.

10. The following rule for boats and canoes are a minimum. (The Lifeguard and Waterfront Safety Director may establish additional rules as needed.)

- a. Everyone must wear a lifejacket at all times.
- b. No children under age 13 without an adult or camp counselor.
- c. Keep boats out of the swim areas.
- d. Remain in boats while on the lake. No swimming from boats.
- e. No water fights, ramming or intentionally capsizing boats.
- f. No rocking, standing or changing positions while in boats.
- g. No more than three persons in a canoe and the third person must sit on the bottom of the canoe, not on the bars.
- h. No more than two persons on a sailboat, at least one of which has training or experience. No purposely capsizing sailboats.
- i. No more than four people in a paddleboat, and no more than two adults. Do not try to paddle in opposite directions as this can break the driveshaft. Do not drag paddleboats on land as this will break the paddles.
- j. Everyone must pass a swimming test, including adults. (If you don't pass the swimming test without a lifejacket, you can re-take the swimming test with a life jacket.)
- k. Everyone must have an adult or counselor in charge of their group of boats or canoes.
- l. Everyone must check-out and check-in with the Waterfront Safety Director.
- m. Safety instruction by the lifeguard and/or Waterfront Safety Director is required prior to use of boats or canoes.

11. Expectations in the Kitchen are as follows:

- a. Access to the kitchen is limited to those who are assigned specific duties in the kitchen. It is off limits to all others.
- b. Use of the washer and dryer is limited to kitchen use only. It is not available for personal laundry except in an emergency. The Camp Cook must authorize any emergency use.
- c. The kitchen will be closed at night. Only adult staff members are allowed entry at this time.
- d. Access to the refrigerator is limited to the kitchen staff only. All other entry to the kitchen should be cleared by the Camp Cook.

**IV.** If this covenant is broken by anyone, the whole group will discuss the circumstances and work to resolve any issues. The camp director shall maintain the right to ask anyone who is jeopardizing the safety and/or spirit of Lutherhaven Bible Camp to leave camp. (A telephone call home is automatic for any rule violation).

**V.** We agree to this adventure in a spirit of Christian love and understanding and look forward to a fun-filled, spirit-filled bible camp.

Camper or Counselor Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_