

# **KITCHEN AND FOOD PREPARATION GUIDELINES**

Revised 2-26-07

Lutherhaven's kitchen is inspected annually by the Health Department and certified to be safe and sanitary, with water at proper temperature levels, surfaces clean, and equipment in good working order. To help prevent illness/injury to kitchen staff and campers, the Health Department has requested we advise all groups using the Lutherhaven kitchen for food service to observe the following:

1. If someone will be cooking meals for others: At least one cook per camp should have a valid food workers card, and it should be posted at all times during your camp. They should supervise cook's assistants and food helpers not having cards.
2. If individuals will be cooking their own meals: Food worker cards are optional; however please advise everyone in your group to prepare their food carefully and keep the Lutherhaven kitchen sanitary at all times.
3. Observe Health Department guidelines posted in kitchen on proper preparation, heating, cooling and storing of all food.
4. Wash hands frequently and wear gloves when serving food. (Anyone who is ill should stay out of the kitchen).
5. Sanitize food preparation and serving areas prior to and after use (1 tsp bleach per gallon cool water, wipe with clean cloth). Maintain a clean kitchen by properly washing and storing all items used as well as frequent sweeping/mopping.
6. To avoid food contamination, use kitchen only for preparing meals and limit access by anyone not involved in food preparation.
7. To avoid attracting pests, do not allow garbage to accumulate; empty containers frequently throughout the day. Put all food garbage in sealed cans or dumpster at night and store all food not in containers in closed cupboards.
8. Only adults should operate kitchen equipment (dishwasher, mixers, stove/griddle).

Cleaning/use instructions and copies of posted Health Department guidelines are included in this folder for your convenience; For questions or information on obtaining a food worker card, call the Kitsap County Health Dept. at 692-3611. Thank you!